



Dear Parent or Guardian:

Your son or daughter has volunteered to participate in the outdoor education program at Calvin Crest as a cabin leader. The Outdoor School program includes learning about the outdoors, social growth, and personal maturing. There are at least five hours of class time each full day of participation and additional learning is integrated throughout the program.

Education is the result of various learning experiences. We feel your son or daughter can obtain valuable leadership and educational experience while living with and observing elementary students during their week here. The cabin leader's responsibility will be to provide leadership to a small group of students (approximately 7 students) for most of each 24 hour day, and to assist the classroom teachers. Cabin leaders will be under the direct supervision of qualified staff at all times. Cabin leaders will not be responsible for the educational program, however, if they have special talents in a particular area, they may assist. Teachers and Calvin Crest staff will be responsible for the educational program.

Calvin Crest is located approximately one hour north of Fresno and Madera (20 minutes north of Oakhurst), east of Highway 41 at 5,000 feet elevation. There are housing, dining, and recreational facilities on site. Each cabin is heated and equipped with bunk beds and mattresses. Bathrooms have private restroom and shower stalls and plenty of sinks. There are approximately 25 Calvin Crest staff living on site.

Oakhurst is equipped with 12-hour/day medical services. In the event your son or daughter becomes ill or is injured and needs medical attention, we will make every effort to contact you as soon as possible. If there is an emergency at home and you need to visit or call, please notify Calvin Crest (559.772.4040) and the school. We will do what we can to make the necessary arrangements to meet the need of the situation.

Cabin leader participation is on a voluntary basis. They will be furnished room, board, and transportation to and from Calvin Crest. Cabins are equipped with beds and mattresses, but cabin leaders must furnish either bedding or a sleeping bag and pillow. Please see our suggested clothing and equipment list and note that we will be spending the majority of the time outside in sun, rain, or snow. Please watch weather forecasts on television and check the weather link on our website ([www.calvincrest.com](http://www.calvincrest.com)) for current forecasts.

Should you choose, you may write to your son or daughter while they are here. It takes 3-4 days for mail to reach Calvin Crest, and mail that arrives on Friday does not come before schools depart. Letters mailed Saturday, Monday, and Tuesday will most likely reach your son or daughter while (s)he is at Calvin Crest. We recommend enquiring at the post office as to delivery time for any mail you send. Should mail come after your child leaves Calvin Crest, we will do our best to return to sender. Please address mail to your students this way:

Calvin Crest Conferences  
(Your student's name), (School name)  
45800 Calvin Crest Road  
Oakhurst, CA 93644

Calvin Crest has a small store where candy, sodas, t-shirts, and other items can be purchased. Cabin leaders will have access to the store each full day of their stay here. Please see the website for a current price list.

This experience has proven to be rewarding to our cabin leaders. Please fill out the necessary paperwork given to you by the attending school. If you have any questions, please contact the elementary school your son or daughter is volunteering with or me at the contact information below.

Sincerely,

Christina Melahn  
Outdoor School Director

## CALVIN CREST CONFERENCES

## **CALVIN CREST OUTDOOR SCHOOL** **SUGGESTED CLOTHING AND EQUIPMENT LIST**

The weather at Calvin Crest is often unpredictable, ranging from warm, sunny days to very cold, wet evenings. During some weeks of Outdoor Education we are certain to have rain and snow. Since we spend time outdoors on these days regardless of weather, it is very important for students to be well prepared for a variety of weather conditions.

### **WHAT TO BRING TO CALVIN CREST:**

- Personal face coverings (enough for the duration of the program)
- Sleeping bag (or sheets and 2 blankets) and pillow
- Shoes (at least 2 pairs of comfortable, closed-toe shoes – tennis shoes are fine, boots are great for cold, wet weather)
- Socks (thick and warm in winter; minimum of 5 pairs, more are desirable and recommended)
- Tough pants (minimum of 3 pairs of jeans or rain or snow pants in winter; shorts are *not* allowed during classes)
- Warm clothing (nights are often chilly, days can be cold)
- Underwear
- Warm jacket
- Sweatshirt/sweater
- Towel and washcloth
- Toiletries (soap, shampoo, toothpaste, toothbrush, etc.)
- Rain gear (rubber boots and ponchos are recommended; boots are available at Calvin Crest to borrow; ponchos are available at our cost through our store – approximately \$1.25) **Check the weather forecast!**
- Sunglasses
- Chapstick
- Refillable water bottle, canteen, or hydration pack – **ESSENTIAL!**
- Plastic garbage bag for dirty clothes

### **WHAT IS OPTIONAL TO BRING TO CALVIN CREST:**

- Non-phone camera with fresh batteries (and extra film if your camera is not digital)
- Flashlight with fresh batteries
- Spending money if the school has decided to use the store (see our website for costs of items in the store)
- Hat or cap (warm hats or beanies are very helpful in cold temperatures)
- Gloves or mittens during the winter
- Writing materials (paper, pen, pencil, stamps, envelopes, etc.)
- Umbrella for rainy weather
- Hair dryers (*Due to potential fire hazard, curling irons and straighteners are not acceptable.*)
- Watch or alarm clock
- Binoculars
- Suggested for Cabin Leaders: Travel mug, watch and alarm clock

### **WHAT NOT TO BRING TO CALVIN CREST:**

- CELL PHONES**, video games, MP3 players/iPods, CD players, radios
- Gum, candy, food of any kind (exceptions for diabetic students - dietary needs should be arranged in advance)
- Sandals, open-toed shoes (except sandals brought to be worn in the shower - optional)
- Valuables (expensive jewelry, cameras, etc.)
- Tobacco products, drugs, alcoholic beverages (\*\*see below)
- Pocket knife or weapons OF ANY KIND (\*\*see below)

**\*\*IF ANY STUDENT OR CABIN LEADER is caught with a weapon, or illegal substances in his/her possession: the weapon/substance will be confiscated and the Madera County Sheriff's Department will be contacted. The individual will be removed from Calvin Crest and may be arrested and prosecuted, as it is against the law to have a weapon or illegal substance on a school site.**

\*All clothing and equipment should be marked with the student's name. Calvin Crest is not responsible for lost or stolen belongings.



# MEDICAL & PARTICIPANT AUTHORIZATION FORM

45800 Calvin Crest Road, Oakhurst, CA 93644

559.772.4040

outdoor.school@calvincrest.com

Information on this form will be used to assist the staff/teachers. Your cooperation can help to ensure a quality experience for all participants. Only teachers/camp staff will access this information and they will not share it.

STUDENT LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_ SEX:  M  F D.O.B.: \_\_\_/\_\_\_/\_\_\_

SCHOOL: \_\_\_\_\_ TEACHER: \_\_\_\_\_

PARENT/GUARDIAN 1: Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Daytime phone: (\_\_\_\_) \_\_\_\_\_ Evening phone: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_

PARENT/GUARDIAN 2: Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Daytime phone: (\_\_\_\_) \_\_\_\_\_ Evening phone: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_

IN CASE OF AN EMERGENCY – if you cannot be contacted, please give us the name of a friend or relative:

Name: \_\_\_\_\_ Relationship to student: \_\_\_\_\_

Daytime phone: (\_\_\_\_) \_\_\_\_\_ Evening phone: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_

THE FOLLOWING PERSON(S) ARE **LEGALLY RESTRICTED** FROM SEEING THIS STUDENT:

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Transportation to/from this program will be provided by the school. No one will be authorized to remove the student from Calvin Crest grounds without prior approval made through the school site.

Health History (Please list dates of most recent occurrence for all that apply.)

**ALLERGIES** \_\_\_\_\_ **MEDICAL CONCERNS** \_\_\_\_\_

Hay Fever \_\_\_\_\_ Ear Infections \_\_\_\_\_ Bleeding/Clot Disorder \_\_\_\_\_ Behavior Disorder \_\_\_\_\_

Plants \_\_\_\_\_ Mononucleosis \_\_\_\_\_ Hypertension \_\_\_\_\_ Nervous Disorder \_\_\_\_\_

Insects/Bees \_\_\_\_\_ Heart Disease/Defect \_\_\_\_\_ Menstrual Problems \_\_\_\_\_ ADD/ADHD \_\_\_\_\_

Food \_\_\_\_\_ Convulsions/Seizures \_\_\_\_\_ Asthma \_\_\_\_\_ (Chronic\_\_ Seasonal\_\_ Exercise Induced\_\_)

Environmental \_\_\_\_\_ Does the student take asthma medication or inhalers?  Yes  No

Insulin dependent diabetic?  Yes  No If yes: Year of diagnosis: \_\_\_\_ Is the student able to give their own injections?  Yes  No

Is the student able to calculate and change dosage to compensate for exercise, etc.?  Yes  No

*A parent or designated health professional may be necessary to administer injected medications.*

Additional Allergy, Disability, Chronic or Recurring Illness, and/or Medical Condition(s) or explanation of checked above: \_\_\_\_\_

If needed, please attach a separate sheet to explain any conditions/concerns that could affect the student's health during the outdoor school program.

History of Surgeries (include type and date): \_\_\_\_\_

History of Hospitalizations (include type and date): \_\_\_\_\_

History of Medication Allergies (please include medication and reaction): \_\_\_\_\_

Dietary Modifications: \_\_\_\_\_ (See separate form.)

Activity Restrictions/Limitations: \_\_\_\_\_ (Contact school site.)

Immunization: Last Tetanus Shot (Given around ages 5 & 14): (Mo & Yr) \_\_\_/\_\_\_ Are all immunizations up to date?  Yes  No Attach explanation.

**Medications** Is the student currently taking any medications?  Yes  No (If yes, see separate form and authorization.)

**All prescription medications, over-the-counter medications, vitamins, and herbal products brought without doctor's written orders CANNOT be given to students at Calvin Crest.** Only medication properly prescribed for the student will be given to him/her. All prescription medications, over-the-counter medications, vitamins, and herbal products **MUST be in ORIGINAL containers with labels and dispensing instructions** and must be turned into the Outdoor School designated personnel upon arrival. DO NOT SEND a week's supply of medication in a baggie or medication box. Individuals requiring injections must be accompanied by a parent or designated medical professional. One prescribed rescue inhaler and/or epinephrine auto-injector may be kept by the student if the proper paperwork is provided.

**Other Information** To help us deal tactfully with students, please let us know if your child:  Wets the bed  Sleepwalks  Has night or sleeping problems  Is prone to homesickness  Has had recent changes/trauma which may impact emotional, physical or mental well-being  
Females only: Has started menstruating?  Yes  No If yes, is menstrual history normal  Yes  No If no, has she been told about it?  Yes  No  
Explanation, if any: \_\_\_\_\_

**Health Insurance Information (Used in Case of Emergency):** Is the student covered by medical/hospitalization insurance?  Yes  No

If yes, Name of Insurance Company: \_\_\_\_\_ Primary Policy Holder Name: \_\_\_\_\_

Policy Holder ID: \_\_\_\_\_ Policy Holder D.O.B.: \_\_\_/\_\_\_/\_\_\_ Relationship to student: \_\_\_\_\_

Policy Holder Address: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Student Insurance ID: \_\_\_\_\_ Student Date of Birth: \_\_\_/\_\_\_/\_\_\_

If needed for treatment, please provide the pre-authorization phone number: (\_\_\_\_) \_\_\_\_\_

**PARENTAL STATEMENTS, PERMISSION, AND RELEASE:** I give my informed consent to the First Aid personnel assigned by Calvin Crest who are certified in a minimum of CPR and First Aid by a nationally recognized provider in accordance with ACA standard HW-1 to provide basic First Aid and comfort measures through standardized camp treatment procedures. I understand that it is my responsibility to make arrangements for a student with greater health care needs than the First Aid personnel can provide within their certifications, licenses, and scopes of practice. I authorize Calvin Crest to arrange for or provide any necessary related transportation to the nearest medical facility for urgent or emergency medical treatment, and I do assume all responsibility for payment for such treatment. I hereby give permission to any physician selected by Calvin Crest to secure and administer any and all medical treatment deemed necessary for my child, including urgent care or hospitalization.

I authorize the use of the following generic, over-the-counter medications as directed by the labels provided by the manufacturer and the Outdoor School designated personnel providing standard procedures for my child: antibiotic ointment, hydrocortisone cream, burn cream, petroleum jelly, chapped skin/lip treatment, antiseptic skin and wound cleansers, analgesic balms and gels. I will contact Calvin Crest with objections prior to the start of the program. I understand that these are stocked and dispensed by the First Aid personnel free of charge as needed for the comfort of my child.

Calvin Crest hereby acknowledges that it will seek to take certain safety measures to help prevent, as best it reasonably can, infection or spread of Covid-19. Such safety measures include the following: cleaning and disinfecting publicly used spaces, wearing gloves when cleaning and disinfecting, maintaining social distancing from its employees, visitors, and guests, and wearing face masks when in the company of guests. Calvin Crest will stay apprised of any recommendations of the CDC and will consider action accordingly. Further, Calvin Crest may remove any safety measures listed herein once the CDC or the United States, state, or local governments deem such measures are no longer necessary. I acknowledge that I will also take certain safety measures including: ensuring that I do not have any symptoms of Covid-19 prior to entrance onto or use of Calvin Crest's facilities and premises, use of handwashing and hand sanitizer on a regular basis while on the Calvin Crest premises, maintaining social distancing, and proper use of face masks when in the company of others. In the event that the CDC recommends additional safety measures, I agree to pursue utilization of such safety measures.

I have requested Calvin Crest to allow my child to participate in any and all activities that may include but are not limited to those listed on the website. As a condition of receiving this benefit, I do hereby agree to the following: I understand that my child's participation in these activities can expose him/her to dangers both from known and unanticipated risks. Acknowledging that such risks exist, I on behalf of myself, my child and any other party who may have the right to assert any rights for or on behalf of my child, do hereby forever release and discharge, indemnify and hold harmless Calvin Crest, its affiliates, officers, directors, agents, employees, insurers, successors in interest, attorneys, or any other person or persons associated with any or all of them who might be liable (the "Released Parties") from and against any and all claims, causes of action, actions, suits, demands, losses, damages, expenses, costs or liability (collectively, "Losses") arising from or in connection with my child's participation in Calvin Crest Outdoor School and its activities, including Losses arising from the negligence of any of the Released Parties, whether such Losses arise in connection with bodily injury (including death), property damage or otherwise (collectively, the "Released Claims"). The Released Claims include Losses arising out of any condition of the premises at which the camp activities are held or the conduct of any person in connection with the preparation for, supervision of, or conduct of any activity, whether planned or unplanned.

I further understand and acknowledge that I make this release in full accord and satisfaction of and in compromise of any and all Released Claims. I represent and acknowledge that I have read and understand this form and the release granted above and warrant that all statements made herein are true to the best of my knowledge.

- For medications administered by Outdoor School staff: I will be responsible for notifying Calvin Crest of any new medication information regarding this student. I realize that if my child's medications change between now and the date of Outdoor School, it is my responsibility to report such to Calvin Crest.
- I understand that Calvin Crest is located in a remote mountain region and that emergency care, even by ambulance, can take as long as 90 minutes. The student has no current condition that would warrant closer emergency care.
- I understand that Calvin Crest assumes no responsibility for students who leave Calvin Crest grounds for any reason other than programmed activities.

I give permission for the use of images, audio, or video recordings including my child to be used in publicity including Calvin Crest website, internet sites (including social media), newsletter, or brochure promoting or reporting Calvin Crest.

I have read and understand this entire form and by signing below agree to the terms herein:

**Signature of Parent or Legal Guardian:** \_\_\_\_\_

**Print Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**To NOT grant consent for medical treatment, please sign below AND contact the school site and Calvin Crest.**

I do not give my consent for emergency medical treatment for my child. In the event of any injury or illness requiring emergency treatment, I wish Outdoor School personnel to take no action or to follow the attached instructions (which I have also communicated verbally).

Signature of Parent or Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Printed name: \_\_\_\_\_ Phone: \_\_\_\_\_

# PHYSICIAN'S ORDER FOR MEDICATION AT CALVIN CREST OUTDOOR SCHOOL

Calvin Crest Outdoor School 45800 Calvin Crest Road Oakhurst, CA 93644 (559) 772-4040 outdoor.school@calvincrest.com

**STUDENT'S NAME:** \_\_\_\_\_ **SCHOOL NAME:** \_\_\_\_\_

Education Code Section 49423 defines certain requirements for administration of medication, "...any pupil who is required to take, during the regular school day, medication prescribed for him or her by a physician and surgeon or ordered for him or her by a physician assistant practicing in compliance with Chapter 7.7 (commencing with Section 3500) of Division 2 of the Business and Professions Code, may be assisted by the school nurse or other designated school personnel or may carry and self-administer prescription auto-injectable epinephrine if the school district receives the appropriate written statements identified in subdivision (b). (b) (1) In order for a pupil to be assisted by a school nurse or other designated school personnel pursuant to subdivision (a), the school district shall obtain both a written statement from the physician and surgeon or physician assistant detailing the name of the medication, method, amount, and time schedules by which the medication is to be taken and a written statement from the parent, foster parent, or guardian of the pupil indicating the desire that the school district assist the pupil in the matters set forth in the statement of the physician and surgeon or physician assistant."

## A. PHYSICIAN'S ORDER

Diagnosis or Reason(s) for Medication: \_\_\_\_\_

Standard times for medicines are at meals and bedtime. (8:20am, 12:20pm, 6:30pm, 9:00pm.) Please note if the student needs medication at a different time or if it is an as-needed medication.

*Calvin Crest Staff are not able to administer injected medications: students with injected medications will need to be accompanied by a parent or designated medical professional.*

Medication	Dose	Route	Time(s)

\*\*\*If other medications are required please check box , and provide details on back of paper, or additional page.

Possible reactions or other serious considerations regarding medication(s): \_\_\_\_\_

For ASTHMA INHALERS ONLY: Child may carry emergency rescue inhaler (such as albuterol) and self-medicate:  Yes  No

For EPINEPHRINE AUTO - INJECTORS ONLY: Child may carry epinephrine auto-injector and self-medicate:  Yes  No

Please contact the Outdoor School Director (outdoor.school@calvincrest.com; 559.772.4040) with questions or concerns.

**B. REQUIRED: PHYSICIAN'S SIGNATURE:** \_\_\_\_\_ Date: \_\_\_\_\_

Physician's Name (Please Print) \_\_\_\_\_ Phone: \_\_\_\_\_

## C. PARENT'S REQUEST AND AUTHORIZATION

I request that this/these medications be given at Calvin Crest Outdoor School as prescribed. I authorize the designated Outdoor School personnel to administer the medication. I release Calvin Crest personnel from any liability in administering this medication as prescribed. I give Calvin Crest Outdoor School authority to communicate and exchange medical information related in this medication order with the ordering physician. I understand that Calvin Crest Outdoor School must receive the medication in a container with a pharmacy label that indicates the child's name, medication, dosage, route, time to administer, and the prescribing doctor's name; or if an over-the-counter medication was ordered, the medication must be in the original container/packaging. **I understand that medications cannot be taken at Calvin Crest Outdoor School unless the school has received each of the following: a) current physician's order, b) parent/guardian signature, c) properly labeled medication.**

Required: Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_



Cory Reynolds  
 Food Services Manager  
 cory@calvincrest.com  
 559.772.4040

If you are attending a camp or event at Calvin Crest and have a food allergy, dietary need, or food restriction, please complete and return this form two weeks prior to your arrival date. Use additional pages if needed.

**PLEASE NOTE: Calvin Crest is able to accommodate most food allergies, dietary needs, and food restrictions, including: peanut/nut allergies, vegetarian diets, lactose and gluten intolerances.**

Cory Reynolds is available to answer any questions regarding diets and menus:  
 cory@calvincrest.com; 559.772.4040

Camper/Student/Participant Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Parent/Guardian Name (if under 18 years old): \_\_\_\_\_

School/Group/Camp Name: \_\_\_\_\_ Dates of Event: \_\_\_\_\_

Food Allergies or Medical Dietary Needs	Non-Allergy, Non-Medical Dietary Restrictions
<p><b>Please list any food allergies or dietary needs due to a medical condition identified by a doctor:</b>            Examples: Peanut allergy, Celiac Disease.</p>	<p><b>Please list any <u>non-allergy, non-medical</u> dietary restrictions:</b>            Examples: Vegetarian diet, non-Celiac gluten free.</p>
<p>Please list necessary precautions and/or substitute food options:</p>	<p>Please list food substitutes that may be considered:</p>
<p><b>To help us better understand your allergy, please check one:</b></p> <p><input type="checkbox"/> Consumption (Allergic reaction occurs when the individual eats the allergen.)</p> <p><input type="checkbox"/> Contact/Environmental (Allergic reaction occurs when the individual comes in contact with the allergen.)</p> <p><input type="checkbox"/> Not sure</p> <p><b>If you have been prescribed an epinephrine auto-injector, please check here:</b> <input type="checkbox"/></p>	