



CALVIN CREST CONFERENCES  
*Witnessing to the love of Jesus Christ*

## Diabetes Information Form

**Camper's Name:** \_\_\_\_\_

We are excited to have your camper at camp this summer. To help insure the best experience and health of your camper, we would like to review a few key points. **Please complete this checklist and bring it with you to Registration.**

### Equipment to bring to camp:

- Glucose monitor
- Lancets
- Glucose monitor strips – please be sure that there are plenty of extra's
- Sharp container for used needles and lancets – camper needs to have this in their possession for disposal of lancets. Improper disposal of lancets could lead to significant fines for Calvin Crest as well as health concerns for other campers.
- Insulin – please be sure there is plenty for the entire stay at camp
- Syringes
- For Pump users:
  - all equipment for pump use
  - extra batteries for pump
  - alternative equipment incase there is problems with pump
- Glucagon – this must be current. If this is not sent, it will be purchased and charged to your account.
- Ketone strips
- A record of the last two weeks blood sugars
- Instructions for insulin adjustments for ongoing high or low blood sugars.
- Instructions for special dietary needs. This includes nighttime snack instructions.
- Glucose tabs/hard candy for fast relief of low blood sugars. Other more complex carbohydrates will be available for your camper at the infirmary.

Please review with your camper our new procedures for our diabetic campers. They will meet during registration with the Camp Nurse. Campers will keep their glucose monitor and equipment with them and all other equipment will be stored in the infirmary. They will be asked to bring their monitors for each insulin injection. Campers will be required to take blood sugars before strenuous physical activity. If their blood sugar is over 300 and there are ketones in their urine, they will not be able to participate in the activity. Encourage camper to report any sign of illness to the nurse. Encourage good hydration by having a water bottle with their name clearly marked. If you have any questions, please feel free to contact Calvin Crest. We look forward to a healthy, wonderful experience for your camper.

Thank you for your cooperation!

Calvin Crest Registration  
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